



InterPlay

unlock the wisdom of your body

with Kat & Barb
2nd and 4th Saturdays
11am - 1pm



Benefits include:

- * Connection
- * Insights
- * Laughter
- * Creativity

and much more!

Try it for **FREE!**

Traverse Wellness Center
2785 N Garfield Rd #C, Traverse City, MI 49686
(Across from McLain's Bicycles, behind Flash Studio building)

Kat (231) 620-6369 Barb (231) 633-1417

www.interplay.org

www.facebook.com/InterPlayNorthernMichigan

